

CURRICULUM VITAE

Meghan A. Costello, Ph.D.

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McCausland College of Arts & Sciences
University of South Carolina
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ACADEMIC POSITIONS

- 2026 – Present **University of South Carolina**, Columbia, SC
Assistant Professor, Department of Psychology
McCausland College of Arts and Sciences
- 2024 – 2026 **Massachusetts General Hospital/Harvard Medical School**, Boston, MA
Postdoctoral Research Fellow, Department of Psychiatry
Center for School Behavioral Health, Center for Addiction Medicine

EDUCATION

- 2018 – 2024 **University of Virginia**, Charlottesville, VA
Ph.D. Clinical Psychology, Concentration in Quantitative Psychology
Dissertation: *Tell Me Something I Don't Know: Self-Disclosure, Mental Health, Relationship Quality, and Contextual Factors from Adolescence to Adulthood*
- 2023 – 2024 **Massachusetts General Hospital/Harvard Medical School**, Boston, MA
Pre-doctoral Internship, Cognitive-Behavioral Scientist Track
- 2022 – 2024 **International Max Planck Research School on the Life Course**, Berlin, Germany
Certificate, Life Course Development
- 2018 – 2020 **University of Virginia**, Charlottesville, VA
M.A., Clinical Psychology
- 2013 – 2016 **University of Virginia**, Charlottesville, VA
B.A., Psychology, Highest Distinction

RESEARCH INTERESTS

My research focuses on adolescent social development and well-being: assessing the positive influence of supportive relationships, leveraging near-peer supports to disseminate scalable programming, and integrating mental health supports into existing school and social systems to promote equitable mental health care.

GRANTS AND FELLOWSHIPS

[declined for incompatibility with K12]	Massachusetts Department of Public Health (Fellowship in Community Psychology) <i>Developing a Peer Intervention Training for High School Students</i> Role: Postdoctoral Fellow Amount Awarded: \$95,000
2024 – 2026	National Institute on Drug Abuse (NIDA 5K12DA043490-07) <i>The Role of Peer Group Composition in Adolescents' Uptake of a Substance Use Intervention</i> Role: Principal Investigator Amount Awarded: \$230,000
2022 – 2024	International Max Planck Research School (Life Course Development Fellowship) <i>Peer Relationships in Adolescence as Central to Life Course Development</i> Role: International Fellow Amount Awarded: Travel to four international fellowship academy meetings.
2022 – 2023	P.E.O. International (P.E.O. Scholar Award) <i>Adolescent Close Friendships and Establishing Peer Support as the Norm</i> Role: Principal Investigator Amount Awarded: \$20,000
2021 – 2023	Jefferson Scholars Foundation (Jefferson Research Fellowship) <i>Building Belonging: Identifying and Leveraging Strengths of Supportive Adolescents</i> Role: Principal Investigator Amount Awarded: \$86,400
2021 – 2023	University of Virginia Office of Diversity, Equity, and Inclusion <i>The Diversifying Scholarship Conference</i> Role: Principal Investigator, Conference Chair Amount Awarded: \$2,000/year
2020	University of Virginia Department of Psychology (Activity Grant) <i>Translating the Diversifying Scholarship Conference to a Virtual Platform</i> Role: Co-Principal Investigator Amount Awarded: \$500
2019	University of Virginia Parent Fund (Initiative Grant) <i>Support for a Graduate-Student Planned Conference for Underrepresented Research</i> Role: Co-Principal Investigator Amount Awarded: \$2,500

AWARDS AND HONORS

- 2026 **Top 10% Viewed Article**, Journal of Research on Adolescence
Adolescent Social Learning Within Supportive Friendships: Self-disclosure and Relationship Quality from Adolescence to Adulthood, for first year of publication
- 2026 **Top 10% Viewed Article**, Child Development
Empathy Across Three Generations: From Maternal and Peer Support in Adolescence to Adult Parenting and Child Outcomes, for first year of publication
- 2026 **Top Cited Article**, Journal of Research on Adolescence
Adolescent Social Learning Within Supportive Friendships: Self-Disclosure and Relationship Quality from Adolescence to Adulthood, for first year of publication
- 2025 **Top 10% Reviewer**, Journal of Social and Personal Relationships
- 2024 **Top Cited Article**, Child Development
When friendships surpass parental relationships as predictors of long-term outcomes: Adolescent relationship qualities and adult psychosocial functioning, for first year of publication
- 2024 **Nominee: Distinguished Dissertation Award in the Social Sciences**, CGS/Proquest
- 2024 **Top Downloaded Article**, American Journal of Community Psychology
Facilitating Connection to Enhance College Student Well-Being: Evaluation of an Experiential Group Program, for first year of publication
- 2024 **Top Cited Article**, American Journal of Community Psychology
Facilitating Connection to Enhance College Student Well-Being: Evaluation of an Experiential Group Program, for first year of publication
- 2022 **Nominee: Excellence in Diversity, Equity, and Inclusion**, University of Virginia
- 2022 **Nominee: All-University Teaching Award**, University of Virginia
- 2022 **Graduate Teaching Award**, University of Virginia Psychology Department
- 2022 **Raven Scholarship**, University of Virginia Raven Society (\$2,000)
- 2021 **Graduate Maury Pathfinder Award**, University of Virginia (\$5,000)
Award given annually to one student for best master's thesis in psychology.
- 2021 **Conference Award**, Society for Community Research and Action (Travel)
- 2021 **Invited Training Scholarship**, Center for Deployment Psychology Summer Institute at Uniformed Services University of Health Sciences (Travel and lodging)

- 2021 **Selected Signature Teaching Assistantship**, University of Virginia (\$2,500)
- 2020 **Elected Member**, Raven Honor Society at University of Virginia
- 2020 **Training Scholarship**, University of Virginia Rhetoric Center (\$1,000)
- 2016 **Undergraduate Maury Pathfinder Award**, University of Virginia (\$3,000)
Award given annually to one student for best undergraduate thesis in psychology.
- 2016 **Highest Distinction for Bachelor of Arts in Psychology**, University of Virginia
- 2016 **Outstanding Psychology Merit Award**, University of Virginia
- 2016 **Psychology Research Excellence Award**, University of Virginia
- 2013 – 2016 **Dean's List**, University of Virginia (5 of 5 semesters)

PEER-REVIEWED PUBLICATIONS

[Google Scholar](#), [MyBibliography](#)

* and ** indicate equal contribution. Mentored authors are underlined.

1. **Costello, M.A.**, Evohr, B., Iroegbulem, V., Dufour, J., Casottana, K., Cather, C., Pachas, G., Schuster, R.M.*, & Evins, A.E.* (In Press). Peer Vaped Nicotine Use in Adolescents and Young Adults: Associations with Abstinence and Intervention Adherence During a Quit Attempt. *Substance Use: Research and Treatment*.
2. **Costello, M.A.***, Hunt, G.L.*, & Allen, J.P. (In Press). Adolescent Friendship Instability and Associated Attachment Insecurity as Precursors to Relative Declines in Adult Physical and Relational Health. *Merrill-Palmer Quarterly*.
3. Cohen, K.A.*, **Costello, M.A.***, Schleider, J.**, & Schuster, R.M.** (In Press). A Roadmap for Leveraging Schools for Population Mental Health: The Case for an Integrated Screening, Brief Intervention, and Referral to Treatment (SBIRT) Framework. *Clinical Psychology: Science and Practice*.
4. Tankersley, M.*, **Costello, M.A.***, Nagel, A.G., & Allen, J.P. (2026). Supporting the Mental Health of Peer Support Workers Following a Lethal Shooting on Campus. *College Student Affairs Journal*, 44(1), 78-95. <https://dx.doi.org/10.1353/csaj.2026.a995237>
5. Bailey, N.A., Blake, A.J., Johansson, A., Stern, J.A., **Costello, M.A.**, Chassin, L., & Allen, J.P. (2026). *The Intergenerational Sequelae of Family Conflict and Psychological Control: Evidence from Two Cohorts. Development and Psychopathology*. <https://doi.org/10.1017/S0954579426101710>
6. Field, N., **Costello, M.A.**, Breeden, L., & Allen, J.P. (2026). Dual Peer Processes in Adolescent Smoking Initiation and Frequency: Close-Friend Modeling and Anti-Smoking Influence. *Journal of*

Applied Developmental Psychology, 1-12. Advance online publication.
<https://doi.org/10.1016/j.appdev.2026.101952>

7. Allen, J.P., Hunt, G.L., **Costello, M.A.**, & Uchino, B.N. (2026). Calling Home: Adolescent Family Roots of Adult Resilience During the COVID Pandemic. *Development and Psychopathology*, 1–12. Advance online publication. <https://doi.org/10.1017/S0954579426101448>
8. **Costello, M.A.**, Crocker, J., Kaur, J., Du, R., Oxendine, E., Greenspan, L., Butler, R., & Schuster, R.M. (2026). Exploring a Low Burden, Universally Administered Strategy to Connect Adolescents to School-Based Mental Health Supports. *School Psychology*. Advance online publication. <https://doi.org/10.1037/spq0000719>
9. Allen, J.P., **Costello, M.A.**, Hunt, G.L., Uchino, B.N., & Sugden, K. (2026). Predictions from Early Adolescent Interpersonal Aggression to Accelerated Aging in Adulthood: Relational and Biological Mechanisms of Linkage. *Health Psychology*. Advance online publication. <https://doi.org/10.1037/hea0001576>
10. **Costello, M.A.***, Austin, L.J.*, Parnes, M., Conroy, K., Albright, M.G., Spurrell, W., Schwartz, S.E.O.**, & Schuster, R.M.** (2026). Personal Mental Health Treatment Stigma, Perceived Caregiver and Peer Treatment Stigma, and Help-Seeking Behaviors Among Adolescents. *Children and Youth Services Review*, 183(108836). <https://doi.org/10.1016/j.childyouth.2026.108836>
11. Schuster, R.M.*, **Costello, M.A.***, Potter, K., Torquati, M., Gilman, J., & Evins, A.E. (2025). Neurocognitive Outcomes in Adolescents with and without Four Weeks of Cannabis Abstinence: A Randomized Clinical Trial Using Contingency Management. *Frontiers in Psychiatry*, 16(1723633). <https://doi.org/10.3389/fpsyt.2025.1723633>
12. Feibus, I., Borrego Mahiques, M., **Costello, M.A.**, Potter, K., Bentley, K., Hoepfner, B., Luwei, L., Yan, L., Gilman, J. Evins, A.E., Kossowsky, J., & Schuster, R.M. (2025). Characterizing Proximal Risk for Depressive Symptoms and Suicidal Ideation with Acute Cannabis Use and Withdrawal Among Adolescents Using Ecological Momentary Assessment: Study Protocol. *PLOS One*, 20(12): e0338790. <https://doi.org/10.1371/journal.pone.0338790>
13. **Costello, M.A.**, Brehm, M., Rivens, A.J., Hunt, G.L., Nagel, A.G., & Allen, J.P. (2025). Support-seeking About Social Relationships with Friends is Associated with Friendship Quality, Emotional Support, and Self-Disclosure in Adolescence. *Journal of Social and Personal Relationships*, 42(12). <https://doi.org/10.1177/02654075251371391>
14. Vargas, T., **Costello, M.A.**, Tiemeier, H., Lam, P., Bollman-Dodd, T., Kaur, J., & Schuster, R.M. (2025). Neighborhood Deprivation and Mental Health of Youth in Schools: The Protective Role of School Staffing Patterns. *Journal of the American Academy of Child and Adolescent Psychiatry*. Advance online publication. <https://doi.org/10.1016/j.jaac.2025.06.003>
15. Allen, J.P., **Costello, M.A.**, Pettit, C., Bailey, N.A., & Stern, J.A. (2025). Unique Roles of Adolescents' Friends and Fathers in Predicting Verbal Aggression in Future Adult Romantic Relationships. *Development and Psychopathology*, 37, 393-402. <https://doi.org/10.1017/S0954579423001670>

16. Allen, J.P., **Costello, M.A.**, Hellwig, A.F., & Stern, J.A. (2025). Pathways from Adolescent Close Friendship Struggles to Adult Negative Affectivity. *Development and Psychopathology*, 37, 241-250. <https://doi.org/10.1017/S0954579423001542>
17. Evins, A.E., Cather, C., Reeder, H.T., Evohr, B., Potter, K., Pachas, G.N., Gray, K.M., Levy, S., Rigotti, N.A., Iroegbulem, V., Dufour, J., Cassotana, K., **Costello, M.A.**, Gilman, J.M., & Schuster, R.M. (2025). Varenicline for Youth Nicotine Vaping Cessation: A Randomized Controlled Trial. *JAMA*, 333(21). <https://doi.org/10.1001/jama.2025.3810>
18. **Costello, M.A.**, Pascale, M., Potter, K., Knoll, S.J., Bodolay, A., Kaur, J., Du, R., Greenspan, L., Gray, C.A., McIntyre, J., & Schuster, R.M. (2025). Understanding Adolescent Mental Health Symptom Progression in School-Based Settings: The Substance Use and Risk Factors (SURF) Survey. *School Psychology*, 40(6), 666-679. <https://doi.org/10.1037/spq0000681>
19. Allen, J.P., **Costello, M.A.**, Stern, J.A., & Bailey, N.A. (2024). Beyond Delinquency and Drug Use: Links of Peer Pressure to Long-term Adolescent Psychosocial Development. *Development and Psychopathology*, 37(4) 1930-1940. <https://doi.org/10.1017/S0954579424001482>
20. Pettit, C., Hellwig, A.F., **Costello, M.A.**, Hunt, G., & Allen, J.P. (2024). “You”-Talk in Young Adult Couples’ Conflict: Family-of-Origin Roots and Adult Relational Aggression Sequelae. *Journal of Social and Personal Relationships*, 41(12), 3641-3664. <https://doi.org/10.1177/02654075241270998>.
21. Stern, J.A., Bailey, N.A., **Costello, M.A.**, Hazelwood, O.A., & Allen, J.P. (2024). Father Contributions to Attachment in Adolescence and Adulthood: The Role of Race, Gender, Income, and Father Residential Status. *Attachment and Human Development*, 26(4), 325–349. <https://doi.org/10.1080/14616734.2024.2366391>
22. Stern, J.A., Bailey, N.A., **Costello, M.A.**, Hellwig, A.F., Mitchell, J.J., & Allen, J.P. (2024). Empathy Across Three Generations: From Maternal and Peer Support in Adolescence to Adult Parenting and Child Outcomes. *Child Development*, 95(5), 1628-1640. <https://doi.org/10.1111/cdev.14109>
23. **Costello, M.A.**, Pettit, C., Hellwig, A.F., Hunt, G.L., Bailey, N.A., & Allen, J.P. (2024). Adolescent Social Learning Within Supportive Friendships: Self-Disclosure and Relationship Quality from Adolescence to Adulthood. *Journal of Research on Adolescence*, 34(3), 805-817. <https://doi.org/10.1111/jora.12947>
24. Bailey, N.A., **Costello, M.A.**, Stern, J.A., Davis, A.A., & Allen, J.P. (2024). Adolescent Responses to Paternal Verbal Aggression: Assessing Spillover and Compensatory Processes Using Random Intercept Cross-Lagged Panel Models. *Journal of Adolescence*, 96(6), 1224-1238. <https://doi.org/10.1002/jad.12332>
25. **Costello, M.A.**, Bailey, N.A., Stern, J.A., & Allen, J.P. (2024). Vulnerable Self-Disclosure Co-Develops in Adolescent Friendships: Developmental Foundations of Emotional Intimacy. *Journal of Social and Personal Relationships*, 41(9), 2432-2454. <https://doi.org/10.1177/02654075241244821>

26. Allen, J.P., Pettit, C., **Costello, M.A.**, Hunt, G.L., & Stern, J.A. (2024). A Social-development Model of the Evolution of Depressive Symptoms from Age 13 to 30. *Development and Psychopathology*, 36(1), 280-290. <https://doi.org/10.1017/S0954579422001183>
27. Lin, J., Namaky, N., **Costello, M.A.**, Uchino, R., Allen, J., & Coan, J. (2023). Social Regulation of Neural Threat Response Predicts Subsequent Markers of Physical Health. *Psychosomatic Medicine*, 85(9), 763-771. <https://doi.org/10.1097/PSY.0000000000001238>
28. Allen, J.P., **Costello, M.A.**, Hellwig, A.F., Pettit, C., Stern, J.A., & Uchino, B.N. (2023). Adolescent Caregiving Success as a Predictor of Social Relationship Qualities from Age 13 to 33. *Child Development*, 94(6), 1610-1624. <https://doi.org/10.1111/cdev.13936>
29. **Costello, M.A.**, Allen, J.P., Womack, S.R., Stern, J.A., Loeb, E.L., & Pettit, C. (2023). Characterizing Emotional Support Development from Adolescent Best Friendships to Adult Romantic Relationships. *Journal of Research on Adolescence*, 33(2), 389-403. <https://doi.org/10.1111/jora.12809>
30. Allen, J.P., Loeb, E., Davis, A., **Costello, M.A.**, & Uchino, B.N. (2022). Getting Under the Skin: Long-term Links of Adolescent Peer Relationship Difficulties to Adult Vagal Tone. *Journal of Behavioral Medicine*, 45, 690-701. <https://doi.org/10.1007/s10865-022-00334-1>
31. **Costello, M.A.**, Nagel, A.G., Hunt, G.L., Rivens, A.J., Hazelwood, O.A., Pettit, C., & Allen, J.P. (2022). Facilitating Connection to Enhance College Student Well-Being: Evaluation of an Experiential Group Intervention. *American Journal of Community Psychology*, 70(3-4), 314-326. <https://doi.org/10.1002/ajcp.12601>
32. Allen, J.P., Danoff, J.S., **Costello, M.A.**, Loeb, E.L., Davis, A.D., Hunt, G.L., Gregory, S.G., Giamberardino, S.N., & Connelly, J.J. (2022). Adolescent Peer Struggles Predict Accelerated Epigenetic Aging in Midlife. *Development and Psychopathology*, 35(2), 912-925. <https://doi.org/10.1017/S0954579422000153>
33. **Costello, M.A.**, Nagel, A.G., Hunt, G., & Allen, J.P. (2022). Randomized Evaluation of an Intervention to Enhance a Sense of Belongingness Among Entering College Students. *College Student Affairs Journal*, 40(1), 63-66. <https://doi.org/10.1353/csaj.2022.0002>
34. Allen, J.P., Danoff, J.S., **Costello, M.A.**, Hunt, G.L., Hellwig, A.F., Krol, K.M., Gregory, S.G., Giamberardino, S.N., Sugden, K., & Connelly, J.J. (2022). Lifetime Marijuana Use and Epigenetic Age Acceleration: A 17-year Prospective Examination. *Drug and Alcohol Dependence*, 233, e109363. <https://doi.org/10.1016/j.drugalcdep.2022.109363>
35. Allen, J.P., **Costello, M.A.**, Kansky, J., & Loeb, E.L. (2021). When Friendships Surpass Parental Relationships As Predictors of Long-term Outcomes: Adolescent Relationship Qualities and Adult Psychosocial Functioning. *Child Development*, 93(3), 760-777. <https://doi.org/10.1111/cdev.13713>
36. Stern, J.A., **Costello, M.A.**, Kansky, J., Fowler, C.K., Loeb, E.L., & Allen, J.P. (2021). Here for You: Attachment and the Growth of Empathic Support in Adolescent Friendships. *Child Development*, 92(6), e1326-e1341. <https://doi.org/10.1111/cdev.13630>

37. Loeb, E.L., Kansky, J.K., Tan, J.S., **Costello, M.A.**, & Allen, J.P. (2021). Perceived Psychological Control in Early Adolescence Predicts Lower Levels of Adaptation into Mid-Adulthood. *Child Development*, 92(2), 158-172. <https://doi.org/10.1111/cdev.13377>
38. Allen, J.P., Narr, R.K., Nagel, A.G., **Costello, M.A.**, & Guskin, K. (2021). The Connection Project: Changing the Peer Environment to Enhance Functioning in Marginalized Adolescents. *Development and Psychopathology Special Issue Honoring the Legacy of Ed Zigler*, 33(2), 647-657. <https://doi.org/10.1017/S0954579419001731>
39. Yan, F., **Costello, M.A.**, & Allen, J.P. (2020). Self-Perception and Relative Increases in Problems Due to Substance Use from Adolescence to Early Adulthood. *Journal of Drug Issues*, 50(4), 538-549. <https://doi.org/10.1177/0022042620941812>
40. Loeb, E.L., Stern, J., **Costello, M.A.**, & Allen, J.P. (2020). With(out) a Little Help from My Friends: Insecure Attachment in Adolescence, Support-Seeking, and Adult Negativity and Hostility. *Attachment & Human Development*, 23(5), 624-642. <https://doi.org/10.1080/14616734.2020.1821722>
41. **Costello, M.A.**, Narr, R.K., Tan, J.S., & Allen, J.P. (2020). The Intensity Effect in Adolescent Close Friendships: Implications for Aggressive and Depressive Symptomatology. *Journal of Research on Adolescence*, 30(1), 158-169. <https://doi.org/10.1111/jora.12508>
42. Allen, J.P., Loeb, E.L., Narr, R.K., & **Costello, M.A.** (2020). Different Factors Predict Adolescent Substance Use Versus Adult Substance Use: Lessons from a Social-Developmental Approach. *Development and Psychopathology*, 33(3), 792-802. <https://doi.org/10.1017/S095457942000005X>
43. Loeb, E.L., Davis, A., **Costello, M.A.**, & Allen, J.P. (2019). Autonomy and Relatedness in Early Adolescent Friendships as Predictors of Short- and Long-term Academic Success. *Social Development*, 29(3), 818-836. <https://doi.org/10.1111/sode.12424>

INVITED CHAPTERS

1. **Costello, M.A.** (In Press). Emotion Socialization in Adolescent Romantic Relationships. In C.A. Erdley & J.L. Zemen (Eds.), *Emotion Socialization in Children and Adolescents: The Importance of Social Context*.
2. **Costello, M.A.**, Schuster, R.M., Gilman, J.M., & Evins, A.E. (2025) Cannabis Use and Psychiatric Symptoms in Adolescence. In H. Marusek (Ed.), *Cannabis and the Developing Brain*, pp. 385-404. Springer, Cham. https://doi.org/10.1007/978-3-031-87990-6_16

MANUSCRIPTS UNDER REVIEW

* and ** indicate equal contribution; mentored authors are underlined;

1. Field, N., Bailey, N.A., **Costello, M.A.**, & Allen, J.P. (2026). *Susceptibility to Peer Pressure and Attitudes Supporting Aggression as Snares Explaining Stability and Change in Delinquency Over Time*. [Revisions under review].

2. Conroy, K., Albright, M.G., Roberts, K.B., **Costello, M.A.**, Janetti, A.J., Wing, A.R., & Schuster, R.M. (2026). *Transitioning to non-punitive school policies to address student substance use: Qualitative interviews with school administrators*. [Revisions under review].
3. Conroy, K., Yan, L., Potter, K., **Costello, M.A.**, Albright, M.G., Johnson, S.L., Kaur, J., Schuster, R.M. (2026). *Structural and sociocultural predictors of anxiety and depression across the transition to high school*. [Manuscript under review].

CHAired SYMPOSIA

1. **Costello, M.A.** and Pettit, C. (2021) *Attachment and Language Use in Adolescence: Integrating Research on Parent, Peer, and Romantic Partner Relationships*. Society for Research on Child Development. Virtual.

CONFERENCE TALKS

Mentored authors are underlined.

1. Allen, J.P., **Costello, M.A.**, Hunt, G.L., Uchino, B.N., & Sugden, K. (2026, May). *Predictions From Early Adolescent Interpersonal Aggression to Accelerated Aging in Adulthood: Relational and Biological Mechanisms of Linkage*. Society for Research on Adolescence, Toronto, Canada.
2. **Costello, M.A.**, Evohr, B., Dufour, J., Iroegbulem, V., Casottana, K., Pachas, G., Cather, C., Schuster, R.M., & Evins, A.E. (2025, June). *Exposure to Peer Nicotine Vaping Among Adolescents Attempting to Quit Vaped Nicotine*. College on Problems of Drug Dependence. New Orleans, LA.
3. Field, N., **Costello, M. A.**, Breeden, L. V., Allen, J. P. (2025, May). *The relative effects of two peer influence mechanisms on cigarette use onset and frequency*. Society for Research on Child Development, Minneapolis, MN.
4. Bailey, N. A., Blake, A., Stern, J. A., **Costello, M. A.**, Chassin, L., Allen, J. P. (2025, May). *The Intergenerational Effects of Family Conflict and Psychological Control: Evidence from Two Distinct Cohorts*. Society for Research on Child Development, Minneapolis, MN.
5. **Costello, M.A.**, Evohr, B., Dufour, J., Iroegbulem, V., Casottana, K., Pachas, G., Cather, C., Schuster, R.M., & Evins, A.E. (2025, May). *Characterizing the Social Landscape of Nicotine Vaping Among Adolescents Attempting to Quit Vaped Nicotine*. Society for Research on Child Development. Minneapolis, MN.
6. Schuster, R.M. Gray, C.A., Bodolay, A., Evins, A.E., Oxendine, E., Greenspan, L., Torquati, M. Du, R., **Costello, M.A.**, Pachas, G., Keuroghlian, A., & Potter, K. (2024, June). *School Suspensions Disproportionately Impact Already Vulnerable Youth: Evidence Supporting a Move Away from Exclusionary Discipline in Schools*. College of Problems on Drug Dependence, Montreal, Canada.
7. Tankersley, M., Hazelwood, O.A., Young, E., **Costello, M.A.**, Nagel, A.G., & Allen, J.P. (2024, May). *A Deeper Look at Deepening Connection: Examining a Group-Based Social Belongingness Intervention for College Students*. The Love Consortium. Chapel Hill, NC.

8. **Costello, M.A., Brehm, M.,** Rivens, A., Nagel, A., & Allen, J. (2024, April). *Support-Seeking Topics, Self-Disclosure, and Emotional Support from Best Friends in Adolescence: Emergent Themes and Associations*. Society for Research on Adolescence. Chicago, IL.
9. Stern, J., Bailey, N.A., **Costello, M.A., Hazelwood, O.A.,** & Allen, J.P. (2024, April). *Father Contributions to Attachment in Adolescence and Adulthood: The Role of Race, Gender, and Father Residential Status*. Society for Research on Adolescence. Chicago, IL.
10. Bailey, N. **Costello, M.A.,** Hellwig, A.F., Uchino, B.N., & Allen, J.P. (2024, April). *Physiological Correlates of Aggressive Behavior*. American Psychology-Law Society Conference. Los Angeles, CA.
11. **Costello, M.A.,** Pettit, C., Hunt, G., Nagel, A., Rivens, A., Hazelwood, O.A., & Allen, J.P. (2023, April). *Sharing and Caring: Development of Self-Disclosure Between Teens and Best Friends Across Adolescence*. Society for Research on Adolescence. San Diego, CA.
12. Stern, J.A., **Costello, M.A.,** Hellwig, A.F., Mitchell, J.J., & Allen, J.P. (2023, April). *Empathy Across Three Generations: Teens' Experiences Parental Care Predict the Development of Empathy with Peers and Future Offspring*. Society for Research on Adolescence. San Diego, CA.
13. Bailey, N.A., **Costello, M.A.,** & Allen, J.P. (2023, April). *How Teens Balance Conflict with Fathers and Peers: A Within-Person Examination Using RICLPM*. Society for Research on Adolescence. San Diego, CA.
14. Allen, J.P., Pettit, C., **Costello, M.A.,** Hunt, G., & Stern, J.A. (2023, April). *Adolescent Close-Friendship Struggles as Predictors of Developing Depressive Symptoms in Adulthood*. In (Fox, N.) *Mechanisms of Friends' and Peers' Effects on Adolescents' Behavior: Culture, Risk, and Long-Term Outcomes*. Society for Research on Adolescence. San Diego, CA.
15. Hazelwood, O.A., Nagel, A.G., **Costello, M.A.,** Hunt, G., Rivens, A., Pettit, C., & Allen, J.P. (2023). *"How Connected Do You Feel to Your Group?" An Incremental Improvement Approach to a Group-Based Social-Belongingness Intervention for College Students*. Society for Research on Adolescence. San Diego, CA.
16. Pettit, C., **Costello, M.A.,** Hunt, G.L., Kansky, J., & Allen, J.P. (2022, November). *Dating the Green-Eyed Monster: Cross-Partner Associations Between Jealousy, Power, and Relationship Satisfaction in Young Dating Couples*. Association for Cognitive and Behavioral Therapies. New York, NY.
17. **Costello, M.A.** & Savell, S.M. (2022, February). *Uplifting Marginalized Voices and Diversifying Scholarship Through Expanding Access to Presentation, Network, and Research Opportunities*. In *Critical Inquiry in Higher Education Settings*. Community Research and Action in the West (CRA-W): Promoting Critical Hope and Justice in a Time of Enduring Disaster. Virtual.
18. **Costello, M.A.,** Rivens, A., Nagel, A.G., Hunt, G.L., & Allen, J.P. (2021, June). *"We Don't Always Talk About It:" Evaluation of a Novel Group-Building Intervention for Young Adults*. Society for Community Research and Action. Virtual.

19. **Costello, M.A.**, Pettit, C., Kansky, J., Hunt, G., Fowler, C., Alexander, A., & Allen, J.P. (2021, April). *Investigating the Function of Implicit and Explicit Linguistic Indicators of Cohesion Among Teen Peer Dyads*. In **Costello, M.A.** and Pettit, C. (**Symposium Co-Chair**) *Attachment and Language Use in Adolescence: Integrating Research on Parent, Peer, and Romantic Partner Relationships*. Society for Research on Child Development. Virtual.
20. Pettit, C., **Costello, M.A.**, Kansky, J., Hunt, G., Fowler, C., Alexander, A., & Allen, J.P. (2021, April). *Assessing links between attachment behaviors and pronoun use in romantic conflict*. In **Costello, M.A.** and Pettit, C. (**Symposium Co-Chair**) *Attachment and Language Use in Adolescence: Integrating Research on Parent, Peer, and Romantic Partner Relationships*. Society for Research on Child Development. Virtual.
21. **Costello, M.A.**, Allen, J.P., Welch, M.M., & Szewedo, D.E. (2020, March). *Adult Outcomes of Adolescent Peer Rejection and Social Anxiety*. In Brendgen, M. (Chair) *Adult Outcomes of Peer Difficulties During Adolescence: Understanding Individual Differences and Vulnerability Factors*. Society for Research on Adolescence. San Diego, California. (Conference Cancelled)
22. Loeb, E.L., **Costello, M.A. (presenting author)**, Tan, J.S., & Allen, J.P. (2020, March). *Without a Little Help: Insecure Attachment States of Mind in Adolescence, Support-Seeking, and Adult Hostility*. Society for Research on Adolescence. San Diego, California. (Conference Cancelled)
23. Loeb, E., **Costello, M.A.**, Kansky, J., & Allen, J.P. (2019, March). *Hostile Conflict and Jealousy in Early Romantic Relationships Predict Interleukin-6 and Sleep Problems into Adulthood*. In Stern, J. (Chair) *Close Relationships and Physical Health: A Lifespan Developmental Perspective*. Society for Research on Child Development. Baltimore, Maryland.

INVITED AND DEPARTMENTAL RESEARCH TALKS

Mentored authors are underlined.

1. **Costello, M.A.** (2024, May). *Support-Seeking Topics, Self-Disclosure, and Emotional Support from Best Friends in Adolescence: Emergent Themes and Associations*. IMPRS Life Fellows' Meeting. Charlottesville, Virginia.
2. **Costello, M.A.** (2023, November). *Vulnerable Self-Disclosure Co-Develops in Adolescent Friendships: Developmental Foundations of Emotional Intimacy*. IMPRS Life Fellows' Meeting. Zurich, Switzerland.
3. Tankersley, M., **Costello, M.A.**, Nagel, A.G., & Allen, J.P. (2023, April). *"I Wish We Had More Time, But That's OK:" Connection and Wellness Among Undergraduate Peer Support Workers*. L. Starling Reid Undergraduate Research Conference. Charlottesville, VA.
4. **Costello, M.A.** (2023, April). *Tell Me Something I Don't Know: Self-Disclosure, Mental Health, Relationship Quality, and Contextual Factors from Adolescence to Adulthood*. Clinical Psychology Talk Series. Charlottesville, VA.

5. **Costello, M.A.** & Bailey, N. (2023, April). *Application and Interpretation of Longitudinal Methods: CLPM, RI-CLPM, LCSM*. Quantitative Psychology Talk Series. Charlottesville, VA.
6. **Costello, M.A.** (2022, October). *Building Belonging: Identifying and Harnessing Qualities of Supportive Adolescents*. Jefferson Foundation Fellows' Symposium. Charlottesville, VA.
7. **Costello, M.A.** (2021, April). *Building Good Friends: Identifying and Harnessing Strengths of Supportive Adolescents*. Jefferson Foundation Selection Event. Virtual.
8. **Costello, M.A.** (2021, April). *Hoos Connected: Preliminary Evaluation of an Intervention to Enhance Belongingness Among Entering College Students*. Diversifying Scholarship Conference. Virtual.
9. **Costello, M.A.** (2021, March). *Being Human in Psychological Science: A Discussion with Dr. Eric Turkheimer*. University of Virginia Psychology Colloquium Series. Virtual.
10. **Costello, M.A.** (2020, September). *Emotional Support Development in Adolescent Friendships: An Iterative, Dyadic Process with Implications for Functioning in Adult Romantic Relationships*. UVA Clinical Area Talk Series. Virtual.
11. **Costello, M.A.** (2020, February). *The Connection Project: Successes in Diverse Adolescent Groups and Future Application to College-Aged Populations*. Diversifying Scholarship Research Conference. Charlottesville, VA.

INVITED CLINICAL AND APPLIED TALKS

Mentored authors are underlined; * indicates equal contribution.

1. **Costello, M.A.** (2023, May). *Forensic Case Presentation of a Federal Presentencing Report*. UVA Institute of Law, Psychiatry, and Public Policy. Charlottesville, VA.
2. Hazelwood, O.A., Rivens, A.J., Nagel, A.G., & **Costello, M.A.** (2022, July). *Small Talk with Big Impact: Lessons on Inclusivity*. UVA Housing and Residence Life Staff Training. Charlottesville, VA.
3. **Costello, M.A.***, Daniel, K.E.*, Davis, A.A.*, Eberle, J.*, Savell, S.M.*, Silverman, A.L.*, & Rivens, A.J.* (2023, March). *Applying to Clinical Internship*. UVA Clinical Psychology Talk Series. Charlottesville, VA.
4. **Costello, M.A.** (2022, January). *Supporting Providers and Patients: Application of Social Emotional Principles in the Primary Care Setting*. UVA Family Medicine Department Behavioral Rounds. Charlottesville, VA.
5. **Costello, M.A.** (2021, May). *Widespread Delivery of Validated Social-Emotional Interventions: Modular Adaptation for Classroom Use*. Innovations in Pedagogy Summit. Virtual.
6. **Costello, M.A.*** & Rivens, A.* (2021, April). *A Call to Action for Racial Justice in Research*. Diversifying Scholarship Research Conference. Virtual.

CONFERENCE POSTER PRESENTATIONS

Mentored authors are underlined; * indicates equal contribution.

1. Yan, L., Conroy, K., Potter, K., **Costello, M.A.**, Albright, M.G., Johnson, S.L., Kaur, J., & Schuster, R.M. (2026, November). Demographic, Sociocultural, and Structural Predictors of Adolescent Anxiety and Depression Across the Transition to High School: Identifying Avenues for Targeted Prevention. Association of Cognitive and Behavioral Therapies. Baltimore, MD.
2. **Costello, M.A.**, Kaur, J., Borrego Mahiques, M., Leschley, L., Elling, C., Conroy, K., & Schuster, R.M. (2026, June). *Get Connected: Use of a Mental Health Self-Referral Mechanism in Middle and High School Students*. College on Problems of Drug Dependence. Portland, OR.
3. **Costello, M.A.**, Hunt, G.L., & Allen, J.P. (2026, April). *Self-disclosure is a key friendship process moderated by neighborhood context*. Society for Research on Adolescence, Toronto, Canada.
4. Hazelwood, O.A., **Costello, M.A.**, & Allen, J.P. (2026, April). *Adolescent friendships as predictors of supportive parenting in adulthood*. Society for Research on Adolescence, Toronto, Canada.
5. Conroy, K., Yan, L., Potter, K., **Costello, M.A.**, Albright, M.G., Johnson, S.L., Kaur, J., & Schuster, R.M. (2026, March). *Structural and sociocultural predictors of adolescent anxiety and depression across the transition to high school: Identifying avenues for targeted prevention*. Community Psychiatry Research Day, Boston, MA.
6. Roberts, K., Conroy, K., Albright, M.G., **Costello, M.A.**, Jannetti, A., Wing, A., & Schuster, R.M. (2026, March). *What would it take to transition to non-punitive school policies for addressing student substance use? Qualitative interviews with school administrators*. Community Psychiatry Research Day, Boston, MA.
7. Bailey, N. A., Blake, N. A., Stern, J. A., **Costello, M. A.**, Chassin, L., Allen, J. P. (2025, April). *The Intergenerational Effects of Family Conflict and Psychological Control: Evidence from Two Distinct Cohorts*. Society for Research on Child Development, Minneapolis, MN.
8. Jonathan, G., **Costello, M.A.**, Kaur, J., Gray, C., Du, R., Potter, K., Evins, A.E., & Schuster, R.M. (2025, March). *Comparative Impact of Recent vs. Lifetime Polysubstance Use on Depression and Anxiety in Adolescents*. Society for Research on Nicotine and Tobacco, New Orleans, LA.
9. Feibus, I.*, Greenspan, L.*, **Costello, M.A.**, & Schuster, R.M. (2025, February). *Alcohol Use is Associated with Greater Emotion Reactivity in a School- Based Sample of Adolescents with Past-Month Substance Use*. Harvard Psychiatry Research Day, Boston, MA.
10. Iroegbulem, V. Evins, A.E., Cather, C., Reeder, H.T., Pachas, G., Potter, K., Evohr, B., Gray, K.M., Levy, S., Rigotti, N.A., **Costello, M.A.**, Dufour, J., Cassottana, K., Gilman, J.M., & Schuster, R.M. (2025, February). *Varenicline for Nicotine Vaping Cessation: A Randomized Controlled Trial*. Harvard Psychiatry Research Day, Boston, MA.

11. Evins, A.E., Cather, C., Pachas, G., Potter, K., Reeder, H. Evohr, B., **Costello, M.**, Dufour, J., Casottana, K., Iroegbulem, V., Gilman, J., & Schuster, R. (2024, December). *Varenicline for Adolescent Nicotine Vaping Cessation: A Randomized Controlled Trial*. American College of Neuropsychopharmacology, San Diego, CA.
12. **Costello, M.A.**, Du, R., Bodolay, A., Gray, C.A., Potter, K.W., & Schuster, R.M. (2024, June). *Emotional Reactivity is a Transdiagnostic Risk Factor for Substance Use Initiation in Middle and High School Students*. Annual Meeting of the College for Problems on Drug Dependence, Montreal, Canada.
13. Stern, J.A., **Costello, M.A.**, Bailey, N.A., Hazelwood, O.A., & Allen, J.P. (2024, April). *Father Contributions to Attachment in Adolescence and Adulthood: The Role of Race, Gender, and Father Residential Status*. Annual Meeting of the Society for Research on Adolescence. Chicago, IL.
14. Bailey, N.A., Stern, J.A., **Costello, M.A.**, Pettit, C., & Allen, J.P. (2024, April). *The Dynamic Nature of Parental Psychological Control and Parental Verbal Aggression During Adolescence and Beyond: An Intergenerational Investigation*. Annual Meeting of the Society for Research on Adolescence. Chicago, IL.
15. **Costello, M.A.**, Du, R., Bodolay, A., Gray, C.A., Potter, K.W., & Schuster, R.M. (2024, April). *Emotional Reactivity is a Transdiagnostic Risk Factor for Substance Use Initiation in Middle and High School Students*. Celebration of Science Virtual Poster Session, Massachusetts General Hospital/Harvard Medical School.
16. Brehm, M., **Costello, M.A.**, & Allen, J.P. (2023, April). *The Power of Friendship: How Adolescent Friendship Quality Predicts Relative Power in Adult Romantic Relationships*. Society for Research on Adolescence. San Diego, CA.
17. Hazelwood, O., **Costello, M.A.**, & Allen, J.P. (2022, April). *Close Peer Relationships as Moderators of the Relation Between Parental Psychological Control and Adolescent Well-Being*. Society for Research on Adolescence. Virtual.
18. Brehm, M., **Costello, M.A.**, & Allen, J.P. (2022, April). *Adolescent Friendship Quality Predicts Relative Power in Adult Romantic Relationships*. L. Starling Reid Undergraduate Research Conference. Virtual.
19. Lin, J., Namaky, N., **Costello, M.A.**, Coan, J.A., & Allen, J.P. (2021, November). *Social Regulatory Response, Social Support, and Physical Health*. Association for Cognitive Behavioral Therapies. Virtual.
20. Pettit, C., **Costello, M.A.**, Kansky, J., & Allen, J. (2021, November). *Young Adult Couples' Use of Emotion Words Longitudinally Predicts Adult Relationship Satisfaction and Aggression*. Association for Cognitive Behavioral Therapies Annual Convention. Virtual.
21. Lin, J., Namaky, N., **Costello, M.A.**, Coan, J.A., & Allen, J.P. (2021, May). *Social Regulatory Response, Social Support, and Physical Health*. Association for Psychological Science. Virtual.

22. **Costello, M.A.**, Pettit, C., Stern, J.A., Loeb, E.L., Kansky, J., & Allen, J.P. (2021, April). *Emotional Support Development in Adolescent Friendships: A Transactional, Iterative Social Learning Process*. Society for Research on Child Development. Virtual.
23. Kansky, J., **Costello, M.A.**, Pettit, C., & Allen, J.P. (2021, April). *Romantic Attachment and Mental Health: Bidirectional Effects from Adolescence to Adulthood*. Society for Research on Child Development. Virtual.
24. Pettit, C., **Costello, M.A.**, Kansky, J., & Allen, J.P. (2021, April). *Antecedents and outcomes of teen dominance: Links with popularity, relationship security, and romantic jealousy*. Society for Research on Child Development. Virtual.
25. Rivens, A., **Costello, M.A.**, Shaffer, E., Szwed, D., & Allen, J.P. (2021, April). *Adolescent Romantic Difficulties and Emerging Adulthood Health Risk Behaviors: The Moderating Role of Peer Relationships*. Society for Research on Child Development. Virtual.
26. Hazelwood, O., **Costello, M.A.**, & Allen, J.P. (2021, April). *Close Peer Relationships as Moderators of the Relation Between Parental Psychological Control and Adolescent Well-Being*. L. Starling Reid Undergraduate Research Conference. Virtual.
27. **Costello, M.A.**, Allen, J.P., Welch, M.M., & Szwed, D.E. (2021, March). *Adult Outcomes of Adolescent Peer Rejection and Social Anxiety*. Society for Research on Adolescence. Virtual.
28. **Costello, M.A.** & Allen, J.P. (2021, March). *The Development of Adolescent Emotional Support: Mechanisms and Long-Term Outcomes*. Society for Research on Adolescence. Virtual.
29. Kansky, J., **Costello, M.A.**, Pettit, C., & Allen, J.P. (2021, March). *Family of Origin Conflict and Young Adults' Romantic Relationship Satisfaction*. Society for Research on Adolescence. Virtual.
30. Alexander, A., **Costello, M.A.**, & Allen, J.P. (2020, April). *Long-Term Implications of Childhood Adversity and Adolescent Trait Anxiety: Risk Factors for Emotional Abuse*. L. Starling Reid Undergraduate Research Conference. Charlottesville, Virginia. (Conference Cancelled)
31. Rivens, A.R., **Costello, M.A.**, Dowdy, H.M., Szwed, D.E., & Allen, J.P. (2020, March). *Too Much of a Good Thing?: Coping Strategies and the Relationship Between Adverse Childhood Experiences and Psychosocial Outcomes*. Society for Research on Adolescence. (Conference Cancelled)
32. Kansky, J., **Costello, M.A.**, Pettit, C., & Allen, J.P. (2020, November). *Bi-directional effects of observed romantic relationship quality and mental health from adolescence to adulthood*. Association for Behavioral and Cognitive Therapies. Virtual.
33. Pettit, C., **Costello, M.A.**, Kansky, J., & Allen, J.P. (2020, November) *Observed Interpersonal Predictors and Manifestations of Romantic Relationship Jealousy*. Association for Behavioral and Cognitive Therapies. Virtual.

34. **Costello, M.A.** & Allen, J.P. (2020, March). *The Development of Adolescent Emotional Support: Mechanisms and Long-Term Outcomes*. Society for Research on Adolescence. San Diego, California. (Conference Cancelled)
35. Hunt, G., **Costello, M.A.**, & Allen, J.P. (2020, March). *Is Instability Stable? Tracking Trends in Friendship Stability Across Adolescence*. Society for Research on Adolescence. San Diego, California. (Conference Cancelled)
36. Kansky, J., Isola, E., **Costello, M.A.**, Pettit, C., Szewedo, D.E., & Allen, J.P. (2020, March). *Family of Origin Conflict and Young Adults' Romantic Relationship Satisfaction*. Society for Research on Adolescence. San Diego, California. (Conference Cancelled)
37. Nagel, A., Hunt, G., Narr, R.K., **Costello, M.A.**, & Allen, J.P. (2020, March). *"It made me closer to the people in my group": A Mixed-Methods, Group-Level Examination of a Social Intervention for Adolescents*. Society for Research on Adolescence. San Diego, California. (Conference Cancelled)
38. Fowler, C., **Costello, M.A.**, & Allen, J.P. (2020, March). *Predicting Teens' Development of Depressive Symptoms from Friendship Quality and Familial Emotional Abuse*. Society for Research on Adolescence. San Diego, California. (Conference Cancelled)
39. Yan, F.T., **Costello, M.A.**, & Allen, J.P. (2019, April). *Self-Perception and Relative Increases in Substance Use Problems in Early Adulthood*. L. Starling Reid Undergraduate Research Conference. Charlottesville, Virginia.
40. **Costello, M.A.**, Loeb, E., Kansky, J., Allen, J.P. (2019, March). *The Role of Peer Social Support and the Serotonin Transporter Gene in High School Transition*. Society for Research on Child Development. Baltimore, Maryland.
41. Fowler, C., **Costello, M.A.**, & Allen, J.P. (2019, March). *Predicting Teens' Development of Depressive Symptoms from Friendship Quality and Familial Emotional Abuse*. Society for Research on Child Development. Baltimore, Maryland.
42. Kansky, J.K., **Costello, M.A.**, & Allen, J.P. (2019, March). *Let's Work this Out Together: Autonomy-Connection in Relationships from Adolescence through Young Adulthood*. Society for Research on Child Development. Baltimore, Maryland.
43. Loeb, E., Narr, R.K., Kansky, J.K., **Costello, M.A.**, & Allen, J.P. (2019, March). *Positive Behaviors with Friends at age 13 predicts increasing grades and higher levels of academic achievement into adulthood*. Society for Research on Child Development. Baltimore, Maryland.
44. Mauer, V., **Costello, M.A.**, Anderson, S., Szewedo, D., & Allen, J.P. (2019, March). *The Long-Term Effects of Early Verbal Abuse on Adult Romantic Relationships*. Society for Research on Child Development. Baltimore, Maryland.
45. **Costello, M.A.**, Narr, R.K., Nagel, A.G., Guskin, K., & Allen, J.P. (2018, November). *Connection Project and Diverse Adolescent Groups*. Diversifying Scholarship Conference. Charlottesville, Virginia.

46. **Costello, M.A.**, Narr, R.K., Nagel, A.G., Guskin, K., & Allen, J.P. (2018, October). *“Everyone started to accept themselves a little more each day”: The Connection Project and Diverse Adolescent Groups*. Topical Meeting of the Society for Research on Child Development: Character Development. Philadelphia, Pennsylvania.
47. **Costello, M.A.**, Narr, R., & Allen, J.P. (2018, April). *The Amplification Hypothesis: Aggressive and Depressive Symptomatology in Teen Best Friendships*. Society for Research on Adolescence. Minneapolis, Minnesota.
48. **Costello, M.A.** & Allen, J. (2018, April). *I Support You! Close-Peer Support Calibration and Early Adolescent Substance Use*. Society for Research on Adolescence. Minneapolis, Minnesota.
49. **Costello, M.A.**, Beckwith, K., Szewedo, D., & Allen, J.P. (2018, April). *Who Matters Most? Parent and Peer Effects on Rule-Breaking and Substance Use*. Society for Research on Adolescence. Minneapolis, Minnesota.
50. Narr, R., Shine, M., Davis, A., **Costello, M.A.**, Coe-Odess, S., Szewedo, D., & Allen, J.P. (2018, April). *Associations Between Adolescent Self-Perception and Young Adult Social Anxiety: The Moderating Effect of Facebook Use*. Society for Research on Adolescence. Minneapolis, Minnesota.
51. Tan, J., Loeb, E., Narr, R., Coe-Odess, S., **Costello, M.A.**, & Allen, J.P. (2018, April). *Long-Term Associations from Adolescent Autonomy to Adult Health Behaviors*. Society for Research on Adolescence. Minneapolis, Minnesota.
52. Coe-Odess, S., Tan, J., Narr, R., Davis, A., **Costello, M.A.**, Hunt, G., & Allen, J.P. (2018, April). *Long-term Links Between Maternal Valuing of Conformity and Adolescent Functioning*. Society for Research on Adolescence. Minneapolis, Minnesota.
53. Fowler, C.K., **Costello, M.A.**, & Allen, J.P. (2018, April). *Predicting Teens’ Development of Depressive Symptoms from Friendship Quality and Familial Emotional Abuse*. L. Starling Reid Undergraduate Research Conference. Charlottesville, Virginia.
54. **Costello, M.A.**, Narr, R.K., & Allen, J.P. (2017, April). *Birds of a Feather: Amplification Effects of Teen Best Friendships*. Society for Research in Child Development. Austin, Texas.
55. **Costello, M.A.**, Sylke, L., Szewedo, D., & Allen, J.P. (2017, April). *Peers and Parents: Providing Teens with Different Tools to Develop Social Competence*. Society for Research in Child Development. Austin, Texas.
56. **Costello, M.A.**, Narr, R.K., & Allen, J.P. (2016, April). *Birds of a Feather: Intensification Effects of Teen Best Friendships on Psychological Functioning*. L. Starling Reid Undergraduate Research Conference. Charlottesville, Virginia.

RESEARCH MENTORSHIP

Dissertation External Review:

2024 Shruthi Mallapurath Suresh, Queensland University of Technology, Brisbane, Australia
Biopsychosocial factors associated with the mental health of university students
Chair: Divya Mehta, Ph.D.

Senior Thesis Advising, Harvard University:

2024 - 2025 Clara Chen, B.S. in Statistics, summa cum laude
The Impact of Discrimination on Mental Health: Regression Analysis of the Effects and Moderating Factors in Adolescents

Senior Thesis Advising, University of Virginia:

2022 – 2023 Maxwell Tankersley, B.A. in Psychology, High Distinction
“I Wish We Had More Time, But That’s OK:” Connection and Wellness Among Undergraduate Peer Support Workers

2021 – 2022 Margaret Brehm, B.A. in Psychology, Highest Distinction
The Power of Friendship: Adolescent Friendship Quality Predicts Relative Power in Adult Romantic Relationships
Won the Maury Pathfinder Prize for Best Undergraduate Thesis

2020 – 2021 Olivia Hazelwood, B.A. in Psychology, High Distinction
Close Peer Relationships as Moderators of the Relation Between Parent Psychological Control and Adolescent Well-Being

2019 – 2020 Audrey Alexander, B.A. in Psychology, High Distinction
Long-Term Implications of Childhood Adversity and Adolescent Trait Anxiety: Risk for Partner Emotional Abuse

2018 – 2019 Florence Yan, B.A. in Psychology, Highest Distinction
Self-Perception and Relative Increases in Substance Use Problems in Early Adulthood
Honors: Highest Distinction

2017 – 2018 Caroline Fowler, B.A. in Psychology, Highest Distinction
Predicting Teens’ Development of Depressive Symptoms from Friendship Quality and Familial Emotional Abuse

TEACHING

University of South Carolina

Fall 2026 **PSYC 510, Child Behavioral and Mental Disorders**, Instructor

University of Virginia

Spring 2021 **PSYC 3991, Group Process and Facilitation II**, Section Instructor

Jan 2021 **PSYC 3559, Building a Healthy Human Brain**, Selected Teaching Assistant

Fall, Spring 2020 **PSYC 3990, Group Process & Facilitation I**, Co-Instructor
 Fall 2019 **PSYC 2400, Introduction to Social Psychology**, Teaching Assistant
 Spring 2019 **PSYC 2700, Introduction to Child Development**, Teaching Assistant
 Fall 2018 **PSYCH 1010, Introduction to Psychology**, Teaching Assistant

Additional Teaching Training:

2021 – 2022 Tomorrow's Professor Today Program, *UVA Center for Teaching Excellence*
 2020 Institute on Writing Instruction, *UVA Center for Writing, Rhetoric, & Communication*
 2018 – 2021 Workshop Participation, *UVA Center for Teaching Excellence*
 Designing Inclusive Classroom Infrastructure
 Inclusive Teaching Toolkit: First Days
 Creating Well-Paced, Socially Connected Remote Courses
 Preparing Students for Controversial Topics Early in the Semester
 Beyond Discussion Questions: Discussion Activity Ideas
 Inclusive Teaching and Classroom Techniques

CLINIAL EXPERIENCE

2024 – 2026 **Center for School Behavioral Health, Addiction Medicine**, Massachusetts General Hospital Department of Psychiatry
Supervisor, Adolescent and Young Adult Risk Assessment | Define risk protocol, manage clinical on-call coverage, train/supervise risk assessment, provide clinician consultation.
 Supervisor: Randi M. Schuster, Ph.D.

2023 – 2024 **Massachusetts General Hospital**, Department of Psychiatry
Doctoral Intern | Rotations: DBT group, individual CBT, inpatient medical/psychiatric
 Supervisors: Anne Chosak, Ph.D., Ellen Prairie, Ph.D., Michelle Stein, Ph.D.

2023 – 2024 **West End Clinic**, Massachusetts General Hospital Department of Psychiatry
Doctoral Intern | Substance use intervention and addiction medicine concentration
 Supervisor: David Eddie, Ph.D.

2022 – 2023 **Institute of Law, Psychiatry, and Public Policy**, Forensic Assessment Clinic
Practicum Student | Forensic psychological assessment, pre-employment evaluation
 Supervisors: Daniel Murrie, Ph.D., Sharon Kelly, Ph.D., J.D., Elisha Agee, Psy.D.

2018 – 2023 **Mary D. Ainsworth Psychological Clinic**, UVA Department of Psychology
Therapist and Assessor | Outpatient psychotherapy and assessment
 Supervisors: Maryfrances Porter, Ph.D., Eric Turkheimer, Ph.D., Lee Llewellyn, Ph.D., Allison Anderson, Ph.D.

2021 – 2022 **Family Stress Clinic**, UVA Department of Family Medicine
Staff Therapist | Outpatient individual, couples, families; international and refugee medicine; inpatient and primary care warm handoffs; team consultation
 Supervisors: Claudia Allen, Ph.D., Joseph Tan, Ph.D.

2020 - 2021 **Western State Psychiatric Hospital**, Staunton, Virginia
Practicum Student | Long-term, acute, and forensic units; individual and group therapy
 Supervisors: Lee Ann Bass, Ph.D., Ann Wahling, M.D.

Clinical Volunteer Service:

2021 – 2022 **Mental Health Professional**, Camp Kesem
 2017 – 2018 **Crisis Hotline Operator**, HelpLine

Additional Supervision of Student Trainees:

2019 – 2023 **Director of Facilitator Training**, The Connection Project at UVA
Undergraduate Facilitator Supervisor (20 groups), The Connection Project at UVA
 2019 – 2023 **Peer Supervisor**, Clinical Graduate Peer Supervision and Training Group
 2019 – 2021 **Advisor**, Clinical Graduate Advising Board

Additional Group Facilitation:

2016 – 2021 **The Connection Project: College Edition** (14 groups), University of Virginia
 2016 – 2017 **Project DREAM** (4 groups), Charlottesville City & Albemarle County Public Schools, VA
 2015 – 2017 **The Teen Connection Project** (4 groups), Charlottesville, VA
 2014 – 2015 **The Body Project** (4 groups), University of Virginia

Additional Clinical Training:

2022 Assessing Violence Risk in Clinical Practice, *Institute for Law, Psychiatry, and Public Policy*
 2022 Adult Forensic Assessment: Principles and Practice, *ILPPP*
 2020, 2022 Series on Law & Mental Health, *University of New Mexico Department of Behavioral Health*
 2021 Center for Deployment Psychology Summer Institute (CDPSI), *USUHS*
 2020 Therapeutic Options of Virginia II, *Western State Hospital*
 2020 Telepsychology Best Practice 101 Video Series, *American Psychological Association*
 2020 Medical and Psychological Evaluations for Asylum Seekers, *UVA Legal Aid Justice Center*
 2017 UndocuALLY Training, *DREAMers on Grounds, University of Virginia*
 2017 Safe Space Training, *UVA LGBTQ+ Center*
 2015 Crisis Intervention, *UVA Madison House*
 2014 Certified Pharmacy Technician, *Pharmacy Technician Certification Board*

SERVICE

Initiatives to Support Diversity, Equity, Inclusion, and Belonging (DEIB)

2024 – 2026 Supervisor, High School Research Internship Program
 2020 – 2023 Conference Chair, Diversifying Scholarship Conference Committee
 2018 – 2020 Executive Outreach Chair, Diversifying Scholarship Conference Committee
 2020 – 2023 Professional Pen Pal, STEM Letters to a Pre-Scientist
 2018 – 2023 Chair of Undergraduate Data (Appointed), UVA DEIB Committee Executive Board
 2018 – 2021 Application Reviewer, UVA Psychology Diversifying Scholarship Visit Day
 Volunteer, UVA Psychology Diversifying Scholarship Visit Day

Committee and Task Force Representative Roles

2018 – 2023 Clinical Graduate Representative, UVA Psychology Department Executive Board
 2020 Graduate Representative (Appointed), UVA GSAS Covid-19 Response Committee
 2020 Graduate Representative (Appointed), UVA IRB-SBS Response Committee

Conference and Society Application Reviewing

2024 – Jefferson Scholarship Foundation Regional Application Reader
 2021 – 2023 Raven Honor Society Research Fellowship Selections Reviewer
 2020 – 2023 Raven Honor Society Membership Selection Committee
 2020 – 2022 Raven Honor Society Scholarship Selections Reviewer
 2021 GSAS Huskey Graduate Research Conference Abstract Reviewer
 2020 – 2021 GSAS Council Research Grant Abstract Reviewer

CONSULTING

2022 – 2023 **Statistical and Writing Consultant**, Social Relationships Lab at James Madison University
 2017 – 2023 **Analytic, Data Management, and Strategic Presentation Consultant**, Partnerships for Strategic Impact Program Evaluation Firm
 2020 – 2021 **Observational Coding Consultant**, Collaborative on Early Adolescence at Northern Illinois University
 2018 – 2020 **Curriculum Development and Facilitator Training Consultant**, Wyman Nonprofit Group

EDITORIAL SERVICE

Guest Editor

Clinical Psychology: Science and Practice Special Issue: The Role of Non-Clinical Providers in Expanding Equitable Access to Effective Youth Mental Health Care [Issue forthcoming]

Editorial Board Service

Journal of Social and Personal Relationships (2025 – present)
Journal of Research on Adolescence (2025 – present)

Ad hoc Reviewer

<i>Addiction</i>	<i>International Journal of Adolescence and Youth</i>
<i>Aggressive Behavior</i>	<i>Journal of Adolescence</i>
<i>Anxiety, Stress, and Coping</i>	<i>Journal of Child and Adolescent Substance Abuse</i>
<i>Brain and Behavior</i>	<i>Journal of Child and Family Studies</i>
<i>Behavior Genetics</i>	<i>Journal of Drug Issues</i>
<i>BMC Psychology</i>	<i>Journal of Early Adolescence</i>
<i>Child Development</i>	<i>Journal of Family Psychology</i>
<i>Clinical Psychology: Science and Practice</i>	<i>Journal of Happiness Studies</i>
<i>Cognitive Development</i>	<i>Journal of Youth and Adolescence</i>
<i>Development and Psychopathology</i>	<i>Merrill-Palmer Quarterly</i>
<i>Developmental Psychology</i>	<i>Personality and Social Psychology Bulletin</i>
<i>Drug and Alcohol Dependence</i>	<i>Research on Child and Adolescent Psychopathology</i>

Emotion
Environmental Psychology
Frontiers in Public Health
Higher Education Quarterly

School Psychology
Scientific Reports
Social Justice Research

PROFESSIONAL AFFILIATIONS

American Psychological Association (APA)
American Psychological Society (APS)
College for Problems on Drug Dependence (CPDD)
National Register of Health Service Psychologists, Associate Member
Society for Community Research and Action (APA Division 27)
Society for Research on Child Development (SRCD)
Society for Research on Adolescence (SRA)